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P.O. Box 37000  
Billings, Montana 59107-7000

2023 Primary Care Symposium  
**April 14, 2023**



## 2023 Primary Care Symposium

**April 14, 2023**  
Presented live and virtually  
by Billings Clinic

### **Course Description:**

The purpose of this conference is to disseminate information pertinent to various clinical topics for primary care providers (MD, DO, PA, NP) in the region of Montana, North Dakota, and Northern Wyoming. Content is limited to illnesses frequently seen in the rural primary care setting.

### **Upon completion of this conference, participants will be able to:**

1. Review the emerging trends in diagnostic and therapeutic techniques for a variety of illnesses including weight management, insomnia, diabetic neuropathy, dermatology, ADHD, liver transplantation, headaches, and atrial fibrillation.
2. Describe a broad range of clinical issues and review the latest information to improve patient care.
3. Apply information learned to their current practices resulting in more time-efficient and cost-effective methods of patient treatment.

### **Accreditation:**

The Billings Clinic is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Billings Clinic designates this live activity for a maximum of 7.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

An application for credit has been filed with the AAFP. Determination of credit is pending.

AAPA accepts certificates of participation for educational activities certified for Category I credit from AOACCME, Prescribed credit from AAFP, and *AMA PRA Category 1 Credit*™ from organizations accredited by ACCME or a recognized state medical society. Physician assistants may receive a maximum of 7.75 hours of Category I credit for completing both programs.

The Montana Board of Nursing allows continuing education credits that have been approved by "a professional organization that establishes criteria for continuing education in nursing, advanced nursing, medicine and other health care specialties." Nurses may receive an AAFP certificate for 7.75 hours for completing this program.

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## Friday, April 14

7:50 - 8:00 AM	Welcome and opening remarks
8:00 - 9:00 AM	<b>Why Weight? A Pharmacotherapy Review of Anti-Obesity Medications</b> <i>Rachel Cofield, PharmD</i>
9:00 - 10:00 AM	<b>Evidence-based Approach to Insomnias</b> <i>Conrad Addison, MD</i>
10:00 - 10:15 AM	<b>BREAK</b>
10:15 - 11:00 AM	<b>Diagnosis and Treatment of Painful Diabetic Neuropathy</b> <i>Mark Piedra, MD</i>
11:00 - 12:00 PM	<b>Practical Pearls in Dermatology</b> <i>Caitlin Bolender, MD</i>
12:00 - 1:00 PM	<b>LUNCH</b>
1:00 - 2:00 PM	<b>Pharmacologic Management of ADHD: A Focused Review</b> <i>Eric Noel, MD</i>
2:00 - 3:00 PM	<b>Liver Transplantation: Before, During, and After</b> <i>Avash Kalra, MD</i>
3:00 - 3:15 PM	<b>BREAK</b>
3:15 - 4:15 PM	<b>Headache for the Non-Neurologist: How to Treat a Headache...Without Getting One</b> <i>Anna Odermann, MD</i>
4:15 - 5:15 PM	<b>Atrial Fibrillation: Overcoming Common Challenges</b> <i>Loren Budge, MD, FACC</i>
5:15 - 5:30 PM	<b>Closing remarks Paperwork return and activity adjourns</b>

## Faculty

### Conrad Addison, MD

Sleep Medicine  
Billings Clinic  
Billings, MT

### Caitlin Bolender, MD

Dermatology  
Billings Clinic  
Billings, MT

### Loren Budge, MD, FACC

Cardiology  
Billings Clinic  
Billings, MT

### Rachel Cofield, PharmD

Pharmacy  
Billings Clinic  
Billings, MT

### Avash Kalra, MD

Transplant Hepatologist  
Assistant Professor of Medicine  
University of Colorado  
Aurora, CO

### Eric Noel, MD

Psychiatry Resident  
Billings Clinic  
Billings, MT

### Anna Odermann, MD

Neurology  
Billings Clinic  
Billings, MT

### Mark Piedra, MD

Neurosurgery  
Billings Clinic  
Billings, MT

## Registration Form

2023 Primary Care Symposium

April 14, 2023

In Person registration due April 10, 2023

Virtual registration due April 12, 2023

Please Print (Complete all of the information):

Name \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Daytime Phone \_\_\_\_\_

Email \_\_\_\_\_

Please circle your title:

DO MD PA NP Retired Other \_\_\_\_\_

Please check the appropriate type:

\_\_\_\_ Physician/NP/PA \$175.00

\_\_\_\_ Nursing/Allied Health \$110.00

\_\_\_\_ In Person only

\_\_\_\_ Online Only

Payment Information:

Ck # \_\_\_\_\_ Payable to: **Billings Clinic (2023 PCS)**

OR

Card # \_\_\_\_\_

Exp. Date \_\_\_\_\_ CVC code \_\_\_\_\_

Name on card \_\_\_\_\_

Type of Card: Visa Mastercard Amex Discover

If registering by mail, send form and payment to:

**Billings Clinic**

2023 Primary Care Symposium

PO Box 1855

Billings, MT 59103-1855

Online Registration: <https://billingsclinic.cloud-cme.com>

Phone Registration: (406)-238-2833

Questions:

Call (406) 238-2833 for additional conference information. Brochure is available at

<https://billingsclinic.cloud-cme.com>.